



STATE OF MAINE  
BOARD OF LICENSURE IN MEDICINE  
137 STATE HOUSE STATION  
AUGUSTA, MAINE  
04333-0137

EDWARD DAVID, M.D.J.D.  
CHAIRMAN

JOHN ELIAS BALDACCI  
GOVERNOR

February 2, 2006

RANDAL C. MANNING  
EXECUTIVE DIRECTOR

**CERTIFIED MAIL 7003 3110 0004 1523 0507**  
**RESTRICTED DELIVERY, RETURN RECEIPT REQUESTED**

Karl F. Sitterly, M.D.  
45 Park Street  
Camden, ME 04843

**RE: NOTICE OF IMMEDIATE SUSPENSION OF LICENSE**

Dear Dr. Sitterly:

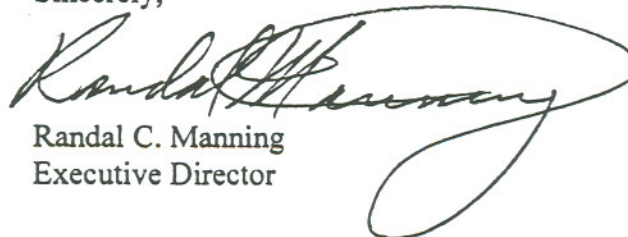
During its emergency meeting on January 31, 2006, the Maine Board of Licensure in Medicine reviewed a report from Dr. David Simmons from the Committee on Physician Health, together with other materials, which indicated that you have been abusing Benedryl intravenously for the past five years, and that your judgment is impaired.

Based upon this evidence, the Board voted to suspend your license to practice medicine effective immediately pursuant to 5 M.R.S.A. § 10004 (3) because of the immediate jeopardy your continued practice of medicine poses to your health or physical safety and the health and physical safety of the public. Your license is suspended for thirty (30) days pending an adjudicatory hearing before the Board on February 21, 2006 at 4:00 pm at the Board offices at 161 Capitol Street, Augusta, Maine. A notice of hearing for that adjudicatory hearing will be sent to you forthwith.

You must forward your medical license to the Board office immediately. Failure to do so constitutes grounds for further discipline of your license.

In addition, the Board voted to require that you undergo an examination, pursuant to Title 32 M.R.S.A. § 3286, by a physician/practitioner designated by the Board. A notice of that requirement, together with the identity of the designated physician/practitioner will be sent to you forthwith.

Sincerely,



Randal C. Manning  
Executive Director

RCM/msl  
AD 06-017  
cc: Dennis Smith, Assistant Attorney General  
Kenneth Lehman, Esq.(7003 3110 0004 1523 0514)  
James E. Smith, Esq., Hearing Officer

OFFICE LOCATION: 161 CAPITOL STREET, AUGUSTA, ME

PHONE: (207) 287-3601

FAX: (207) 287-6590

STATE OF MAINE  
BOARD OF LICENSURE IN MEDICINE

In re: ) CONSENT AGREEMENT  
Karl F. Sitterly, M.D. ) FOR CONTINUATION  
AD06-017 ) OF SUMMARY SUSPENSION

This document is a Consent Agreement entered into by Karl F. Sitterly, M.D. (“Dr. Sitterly”), the State of Maine Board of Licensure in Medicine (“the Board”), and the Maine Department of Attorney General. This Consent Agreement is entered into pursuant to 10 M.R.S.A. § 8003(5)(B) and 32 M.R.S.A. § 3282-A.

STATEMENT OF FACTS

1. At its meeting on January 31, 2006, the Board voted to summarily suspend the medical license of Dr. Sitterly for thirty (30) days pursuant to 5 M.R.S.A. § 10004. The Board also voted to: (a) order Dr. Sitterly to undergo a physical and/or mental examination by a Board approved physician pursuant to 32 M.R.S.A. § 3286; and (b) schedule an adjudicatory hearing on the matters forming the basis for the summary suspension for February 21, 2006.

2. In light of the short time before the date of the scheduled hearing, it is unlikely that Dr. Sitterly will be able to complete the Board ordered examination required pursuant to 32 M.R.S.A. § 3286.

3. In lieu of proceeding to an adjudicatory hearing and final disposition of this matter without the benefit of the results of the Board ordered examination required pursuant to 32 M.R.S.A. § 3286, the Board is offering Dr.

Sitterly this Consent Agreement in order to continue the suspension of Dr. Sitterly's license to practice medicine pending final disposition of this matter.

4. Absent Dr. Sitterly's acceptance of this Consent Agreement by signing it, dating it, having it notarized, and returning it to Maureen Lathrop, Investigative Secretary, Maine Board of Licensure in Medicine, 137 State House Station, Augusta, Maine 04333-0137 on or before February 13, 2006, the Board will resolve this matter by holding an adjudicatory hearing on February 21, 2006.

#### COVENANTS

5. The Board and Dr. Sitterly agree that it would be in Dr. Sitterly's best interest for him to undergo and complete the Board ordered examination required pursuant to 32 M.R.S.A. § 3286 prior to the Board's ultimate disposition of this matter.

6. Dr. Sitterly agrees, in lieu of proceeding to hearing on February 21, 2006 without the results of the 32 M.R.S.A. § 3286 examination, to the continued suspension of his license to practice medicine until such time as this matter is fully and finally resolved by the Board. In this regard, Dr. Sitterly understands and agrees that he will not practice medicine or render any professional health care services to any person in the State of Maine or in any other location under his Maine medical license. In the meantime, Dr. Sitterly shall return his Maine medical license to the Board.

7. The Board agrees that it may hold an adjudicatory hearing regarding the matters underlying the Board's decision to summarily suspend Dr. Sitterly's license to practice medicine at the earliest of the following:

a. Within sixty (60) days of the Board's receipt of the results of the examination ordered by the Board pursuant to 32 M.R.S.A. § 3286; or

b. Within sixty (60) days of the Board's receipt of notification that Dr. Sitterly has refused to undergo the examination ordered by the Board pursuant to 32 M.R.S.A. § 3286.

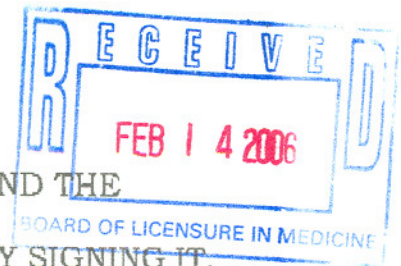
8. The Board agrees that it shall hold an adjudicatory hearing regarding the matters underlying the Board's decision to summarily suspend Dr. Sitterly's license to practice medicine within sixty (60) days of a request from Dr. Sitterly for a hearing.

9. Dr. Sitterly has been represented by legal counsel, Kenneth W. Lehman, Esq. with respect to the terms of this Consent Agreement.

10. This Consent Agreement is not appealable and is effective until the Board holds an adjudicatory hearing and/or fully and finally resolves this matter with a final Consent Agreement.

11. This Consent Agreement is a public record within the meaning of 1 M.R.S.A. § 402 and will be available for inspection and copying by the public pursuant to 1 M.R.S.A. § 408.

12. Nothing in this Consent Agreement shall be construed to affect any right or interest of any person not a party hereto.



I, KARL F. SITTERLY, M.D., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN THIS CONSENT AGREEMENT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND, VERBAL, WRITTEN OR OTHERWISE.

DATED: 2/9/06  
[Signature]  
KARL F. SITTERLY, M.D.  
STATE OF MAINE  
KNOX, S.S.

Personally appeared before me the above-named Karl F. Sitterly, M.D., and swore to the truth of the foregoing based upon his own personal knowledge, or upon information and belief, and so far as upon information and belief, he believes it to be true.

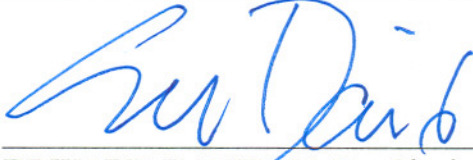
DATED: 2/9/06  
Laurence W. Hobbs  
NOTARY PUBLIC  
LAURENCE W. HOBBS

DATED: February 13, 2006  
[Signature]  
KENNETH W. LEHMAN, ESQ.  
Attorney for Dr. Sitterly




STATE OF MAINE  
BOARD OF LICENSURE IN MEDICINE

DATED: 2/14/06

  
EDWARD DAVID, M.D., Chairman

STATE OF MAINE DEPARTMENT  
OF THE ATTORNEY GENERAL

DATED: 2/14/06

  
DENNIS E. SMITH  
Assistant Attorney General

APPROVED  
EFFECTIVE: